

# WHAT TYPE OF CELL ARE YOU?

## WHAT'S YOUR SOCIAL STYLE?

- A) I'M THE LIFE OF THE PARTY, CONSTANTLY CONNECTING WITH NEW PEOPLE.
- B) I'M ALL ABOUT ACTION—IF THERE'S SOMETHING TO DO, I'M THE FIRST TO JUMP IN!
- C) I'M A SOLO TRAVELER, ALWAYS ON THE MOVE AND HELPING OUT WHEREVER I'M NEEDED.
- D) I'M THE PROTECTOR—I ALWAYS HAVE MY FRIENDS' BACKS AND HELP CLEAN UP MESSSES.
- E) I LIKE KEEPING THINGS NEAT AND ORGANIZED. YOU COULD SAY I'M THE GLUE THAT HOLDS THE GROUP TOGETHER.
- F) I'M ADAPTABLE AND ALWAYS READY TO TAKE ON NEW ROLES. CHANGE IS MY MIDDLE NAME!

## WHICH OF THESE IS YOUR SUPERPOWER?

- A) SUPER-FAST COMMUNICATION—I'M ALWAYS IN THE LOOP!
- B) STRENGTH AND ENDURANCE—I'M READY FOR ANY CHALLENGE.
- C) ADAPTABILITY—I CAN FIT IN ANYWHERE.
- D) DEFENDING OTHERS—I'M NOT AFRAID TO FACE THREATS HEAD-ON.
- E) CREATING A BARRIER—I KEEP EVERYTHING SAFE AND SOUND.
- F) SHAPESHIFTING—I CAN TRANSFORM INTO WHATEVER IS NEEDED!

## HOW DO YOU DEAL WITH STRESS?

- A) I THINK THINGS THROUGH LOGICALLY UNTIL I FIND A SOLUTION.
- B) I BURN OFF STEAM THROUGH PHYSICAL ACTIVITY—NO TIME FOR SITTING STILL!
- C) I TAKE DEEP BREATHS AND GO WITH THE FLOW.
- D) I STEP UP AND FIGHT BACK AGAINST WHATEVER'S CAUSING THE PROBLEM.
- E) I CREATE A CALM AND ORDERLY ENVIRONMENT TO KEEP THE STRESS AWAY.
- F) I TRY OUT NEW WAYS TO HANDLE IT UNTIL I FIND WHAT WORKS.

## WHAT'S YOUR APPROACH TO CHALLENGES?

- A) I THINK THINGS THROUGH AND MAKE SURE EVERYONE IS ON THE SAME WAVELENGTH.
- B) I POWER THROUGH IT WITH DETERMINATION—NO OBSTACLE IS TOO TOUGH FOR ME.
- C) I GO WITH THE FLOW AND MAKE SURE EVERYTHING STAYS IN BALANCE.
- D) I TACKLE PROBLEMS HEAD-ON AND TAKE OUT ANY OBSTACLES IN MY PATH.
- E) I BUILD BARRIERS AND KEEP EVERYTHING RUNNING SMOOTHLY.
- F) I LIKE TO EXPLORE ALL MY OPTIONS BEFORE SETTLING ON THE BEST ONE.

## WHAT'S YOUR DREAM VACATION?

- A) EXPLORING A NEW CITY AND LEARNING EVERYTHING ABOUT ITS HISTORY AND CULTURE—NEVER A DULL MOMENT!
- B) A HIKING TRIP THROUGH RUGGED MOUNTAINS—WHO NEEDS RELAXATION WHEN YOU CAN CLIMB?
- C) A ROAD TRIP, STOPPING AT EVERY QUIRKY SMALL TOWN ALONG THE WAY. I JUST KEEP MOVING!
- D) VOLUNTEERING ABROAD, HELPING BUILD HOMES OR TEACH KIDS—MAKING A DIFFERENCE WHEREVER I GO.
- E) A LUXURIOUS STAYCATION AT HOME, WHERE I CAN TIDY UP AND RECHARGE IN MY OWN SPACE.
- F) AN ADVENTURE WHERE I CAN TRY SOMETHING NEW EVERY DAY—FROM SKYDIVING TO COOKING CLASSES!

## WHAT'S YOUR FAVORITE HOBBY?

- A) PLAYING BRAIN GAMES OR SOLVING PUZZLES—IT KEEPS ME SHARP!
- B) HITTING THE GYM OR GOING FOR A RUN. STAYING ACTIVE IS A MUST.
- C) TRAVELING AND EXPLORING NEW PLACES. I'M ALWAYS ON THE MOVE!
- D) VOLUNTEERING—I LOVE HELPING OUT AND MAKING A DIFFERENCE.
- E) HOME IMPROVEMENT PROJECTS OR REDECORATING. I KEEP THINGS IN TIP-TOP SHAPE.
- F) LEARNING NEW SKILLS. I LIKE TO KEEP MY OPTIONS OPEN.

## IF YOU GOT MOSTLY A'S.....

YOU'RE A NEURON! YOU'RE A NATURAL COMMUNICATOR, ALWAYS BUZZING WITH NEW IDEAS AND MAKING CONNECTIONS. LIKE A NEURON, YOU KEEP THINGS RUNNING SMOOTHLY BY KEEPING EVERYONE INFORMED!



## IF YOU GOT MOSTLY B'S.....

YOU'RE A MUSCLE CELL (MYOCYTE)! YOU'RE ALL ABOUT MOVEMENT AND ENERGY. WHETHER IT'S LIFTING, RUNNING, OR JUST BEING ACTIVE, YOU BRING THE POWER—JUST LIKE A MUSCLE CELL.



## IF YOU GOT MOSTLY C'S.....

YOU'RE A RED BLOOD CELL (ERYTHROCYTE)! YOU'RE ALWAYS ON THE GO, HELPING OTHERS AND MAKING SURE EVERYTHING STAYS BALANCED. LIKE A RED BLOOD CELL, YOU'RE A VITAL PART OF THE TEAM, KEEPING THINGS FLOWING!



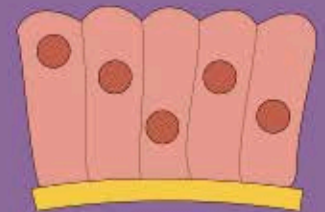
## IF YOU GOT MOSTLY D'S.....

YOU'RE A MACROPHAGE! YOU'RE A NATURAL DEFENDER, ALWAYS READY TO TACKLE CHALLENGES AND PROTECT THOSE AROUND YOU. LIKE A MACROPHAGE, YOU CLEAN UP THE MESS AND KEEP THINGS SAFE.



## IF YOU GOT MOSTLY E'S.....

YOU'RE AN EPITHELIAL (SKIN) CELL! YOU'RE THE ORGANIZED, PRACTICAL TYPE WHO KEEPS THINGS IN ORDER. LIKE AN EPITHELIAL CELL, YOU CREATE BOUNDARIES THAT HOLD EVERYTHING TOGETHER.



## IF YOU GOT MOSTLY F'S.....

YOU'RE A STEM CELL! YOU'RE ADAPTABLE AND VERSATILE, ABLE TO TAKE ON WHATEVER ROLE IS NEEDED. JUST LIKE A STEM CELL, YOU'RE THE ULTIMATE JACK-OF-ALL-TRADES!

