

Women with Diabetes and Depression: A Systematic Review Discussing Comorbidity Within the U.S.

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Abstract

Women and minorities tend to experience greater rates of diabetes and depression. Based on a review of the existing literature, this study sought to determine the comorbidity of these diseases among ethnic women, with particular attention to pregnant and elderly women. Studies found that comorbid diabetes and depression is significantly prevalent in these samples. This indicates that through detection of diabetes in ethnic women, easier detection of depression will occur, or vice versa. This would rapidly increase the detection of both diseases in primary care settings, which has positive implications regarding potential expansion of prevention programs for diabetes and depression.